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Press Release Issued by: Sara Ginty Press Officer, Lincolnshire Sports Partnership

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## Adults from Bennington Carriages become Sport Makers

22 horse enthusiasts from the Newark area have made a pledge to get people playing sport.

A Sport Makers workshop was held last week at Bennington Carriages, which inspired them to give something back to the community and volunteer at local sports sessions and events.

The adults were all part of the 'Driving Back to Sport' programme, set up through Sport England to give 'mature' horse enthusiasts the opportunity to try their hand at the exhilarating sport of carriage driving.

Sue Mart of Bennington Carriages said: "Everyone thoroughly enjoyed the session. A couple of people, who really shone on our Driving Back to Sport course and would be super ambassadors for the sport, are looking to become carriage driving coaches."

Coordinated by Lincolnshire Sports Partnership, Sport Makers aims to inspire 40,000 people in Britain to get involved in sport, with each of them spending at least 10 hours organising or leading sporting activities. It is open to anyone aged 16 and over.

Lizzie Couling, Workforce Development Manager at Lincolnshire Sports Partnership, said: "It was really good to deliver the Sport Makers workshop to the group who attended the Driving Back to Sport course. There were plenty of great Sport Makers ideas which came out of the session to increase participation in Carriage Driving. I wish them and Bennington Carriages all the best for the future in making sport happen."

The next Sport Maker workshops will be on 10<sup>th</sup> May at the Ermine Pub in Ancaster, 24<sup>th</sup> May at Bishop Grosseteste University College from 6.30pm to 9.30pm, 7<sup>th</sup> June at

Carres Grammar School, Sleaford, from 6.30pm to 9.30pm, and 14<sup>th</sup> June at Lincolnshire Sports Partnership offices.

To sign up as a Sport Maker, visit <u>www.sportmakers.co.uk</u>. Alternatively, for more information about the workshops, call Lizzie on 01522 585 580.

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Photo attached:



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